

# NaBITA THREAT ASSESSMENT TOOL

## MENTAL & BEHAVIORAL HEALTH, "THE D-SCALE"

### DYSREGULATION/MEDICALLY DISABLED\*

- ▲ Suicidal
- ▲ Para-suicidal (extreme cutting, eating disordered)
- ▲ Individuals engaging in risk taking behaviors (e.g. substance abusing)
- ▲ Hostile, aggressive, relationally abusive
- ▲ Individuals deficient in skills that regulate emotion, cognition, self, behavior and relationships

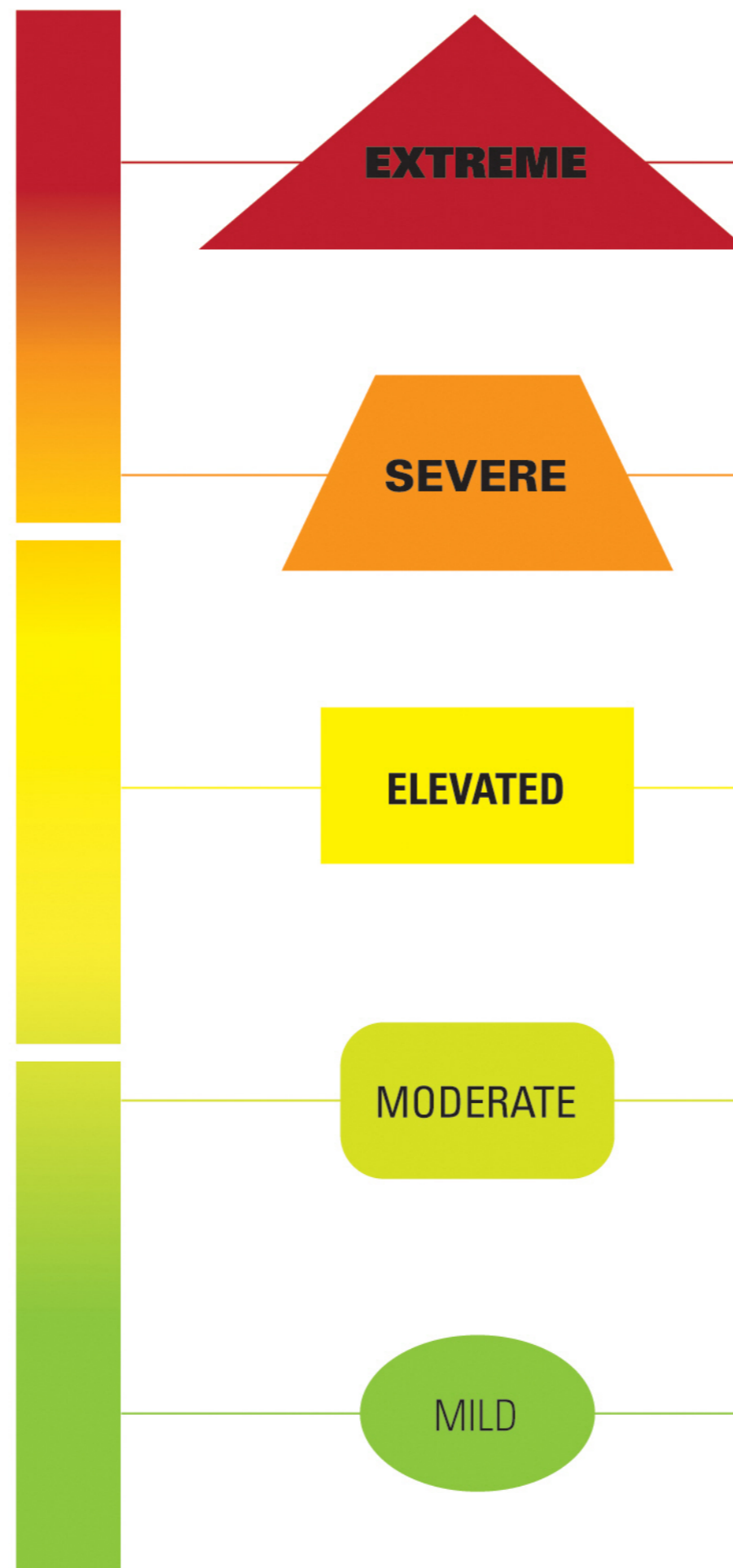
### DISTURBANCE

- Behaviorally disruptive, unusual and/or bizarre acting
- Destructive, apparently harmful to others
- Substance abusing

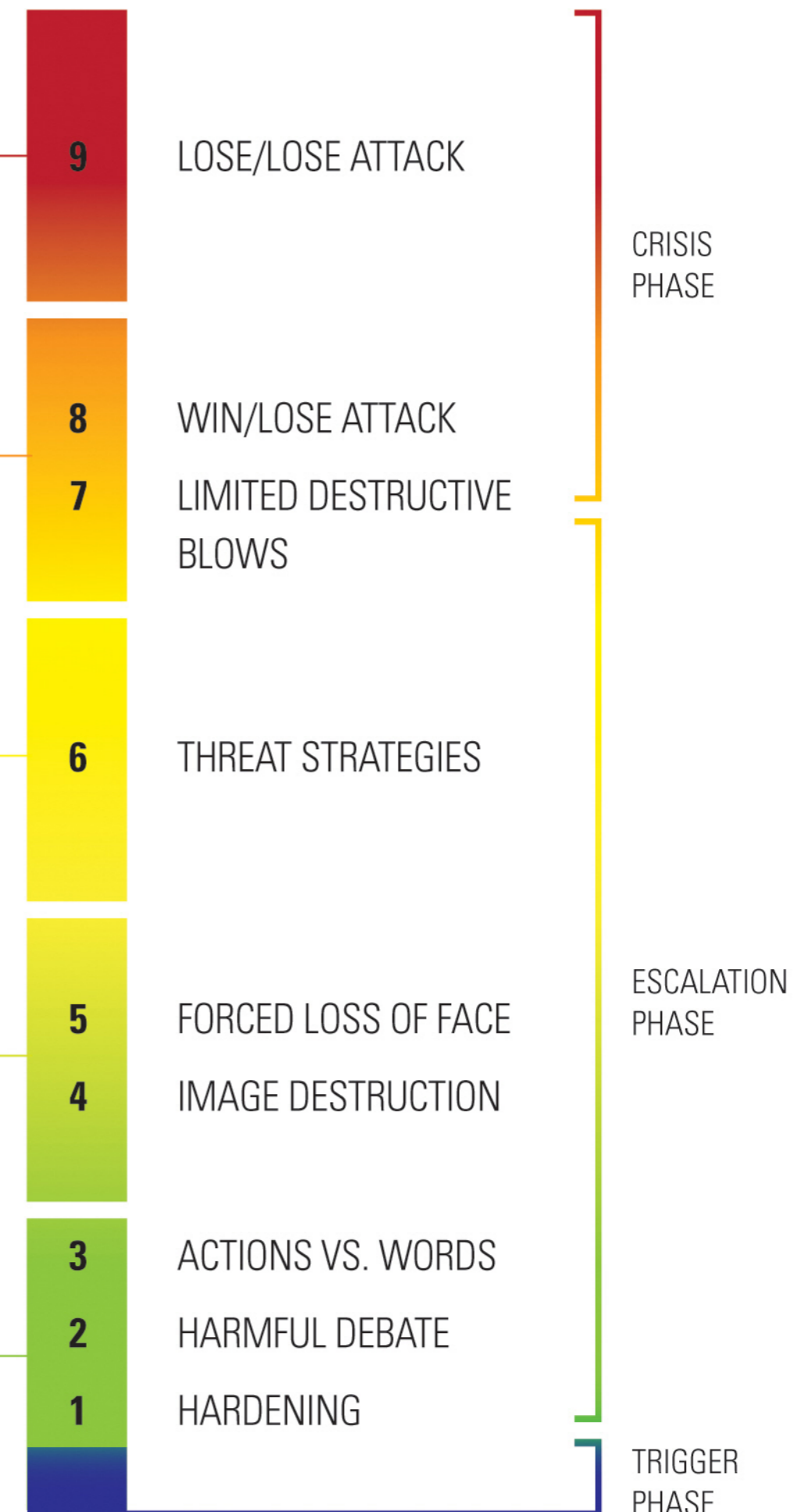
### DISTRESS

- Emotionally troubled
- Individuals impacted by situational stressors and traumatic events
- May be psychiatrically symptomatic

## GENERALIZED RISK



## NINE LEVELS OF AGGRESSION



\*Medically Disabled is a clinical term, as in a psychotic break.  
It is not the same as "disabled" under federal law.